



Lax Kw'alaams Band

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RESIDENTS OF LAX KW'ALAAMS COVID - 19

I wish to communicate with residents of Lax Kw'alaams on the COVID-19 virus. I assure you that a team of professionals is in place and that we are monitoring the situation closely.

We hear your concerns but we urge you not to overreact. We are all in this together and each of us can do our part to protect the greater community.

Nurses, emergency measures personnel, education and management staff are meeting regularly to monitor the situation. They have direct access to the Medical Health Officer and are overseeing the latest news releases from the BC Centre for Disease Control. Residents can see these updates at bccd.ca/health-info

The health clinic has a contingency plan for respiratory issues. They are managing and testing according to the most current CDC guidelines. Not everyone needs to be tested so please respect their process.

We have a medical management plan. If the virus infiltrates the community, our professional group is prepared to react. Please understand that we are ready.

For your part, you can protect yourself and your loved ones by doing the following:

- 1. If you are sick, stay at home. Do not shake hands. If you cough or sneeze, do so into your sleeve, not into your hands.**
- 2. Clean hands with soap and water, or an alcohol-based hand sanitizer that is at least 60% alcohol.**
- 3. Clean your home. Pay particular attention to the washroom, kitchen counters, and door handles. If household or commercial disinfection products are not readily available, hard surfaces can be cleaned of visible dirt and then disinfected using a mixture of 1-part bleach and 9-parts water. Pay particular attention to the homes of elders.**

We are very concerned with the COVID-19 outbreak. I assure you we have a process in place and that we are monitoring the situation.

Be healthy

Mayor Garry Reece

HERE ARE SOME USEFUL RESOURCES FOR YOU:

[http://www.bccdc.ca/health-info/diseases-conditions/coronavirus-\(novel\)](http://www.bccdc.ca/health-info/diseases-conditions/coronavirus-(novel))

This is a source for up to date information regarding COVID-19 in BC

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

Government of Canada site

The Public Health Agency of Canada has a toll-free COVID-19 information line for the public:

1-833-784-4397